#### "Mommy and Me"

#### If You...

- Are looking for something fun to do with your active toddler one morning a week...
- Are looking for some "age mates" for your toddler to play with...
- Want to meet other families and exchange some "parent survival tactics" and experiences...

... then check out St. Stephen
Preschool's "Mommy and Me"
program which provides structured
yet fun opportunities for physical
and social development.

#### "MOMMY AND ME" is a parent



participation program designed for Moms (Dads, Grandparents or Caregivers) and their toddlers. Our program provides ageappropriate learning activities in a secure environment with caregiver participation. Thus, it is a great stepping stone program for children before they start preschool. We offer free choice activities, art projects, outside time, music, body movement, finger plays, stories and a time for parent discussions.

#### **Topics**

We will be discussing topics like:

- toilet training
- sharing
- setting limits
- nutrition
- sibling rivalry
- developing positive self-esteem
- and much more!

#### **Staff**

Our staff is selected for their experience and training in the field of Early Childhood Education and Child Development, as well as their warmth and sensitivity to the needs of young children and their parents.

#### **Accreditation**

**St. Stephen Preschool** is one of only a few San Fernando Valley preschools accredited by the

National Academy of Early Childhood Programs



We have voluntarily undergone a comprehensive process of internal self-study and invited external professional review to verify compliance with the Academy's Criteria for High Quality Early Childhood Programs.



# MOMMY AND ME

2018 - 2019



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StStephenPreschool

### St. Stephen Preschool

#### **Registration Form**

Child's Name:
Birth Date:
☐ Male ☐ Female
Parent(s) Name(s):
Phone #:
Phone #:
Email:
Address:
City:
Zip:
Session Schedule & Fees
(All classes are held on Wednesday
Sept 19 - Dec 12, 2018
(13 sessions)\$250
Jan 9 - Mar 20, 2019
<del></del>

(11 sessions).....\$220

(10 sessions).....\$200

April 3 - Jun 5, 2019

Parent's Signature:

#### Mommy and Me Daily Schedule

#### 9:15 Arrival Time/Free Choice Play

Children are free to play in several fun areas: art table, play dough table, book corner, and free choice toys.

#### 9:55 Cleanup Song / Wash Hands

Circle time for story.

# 10:05 Snack Time Each child brings his/her own snack and beverage.

#### 10:20 Outdoor Time

Parents supervise children at play. Parents are encouraged to share their experiences. Informative handouts aid discussion.

#### 10:50 Music & Body Movements

Children sit on parent's lap in a circle and do motion songs, finger plays, and puppet songs.

## 11:15 Good Bye Songs



## St. Stephen Preschool MOMMY AND ME

2018 - 2019

September - June (enroll anytime)

#### Ages:

18 Months -  $2\frac{1}{2}$  Years (or up to start of preschool)



#### **TUITION**

Tuition is due at registration.

TUITION IS NON-REFUNDABLE